

Catholic Christian Outreach

School of Discipleship

A clear and simple proclamation of the Good News of Jesus is urgently needed for adult Catholics who have already been sacramentally initiated. The CCO Faith Study Series was created in response to this need. The materials are easy to use, and easily transferable to others. They have proven effective in proclaiming the Gospel clearly and simply, preparing people to encounter Jesus Christ and challenging them to become missionary disciples. This is a “multiplying discipleship” model, which means it is hoped participants will go on to disciple others.

There are 36 total sessions between the 5 studies.



Discovery covers the “kerygmatic” phase of Christian formation; *Source/Growth/Obedience* cover the “initiator catechesis” phase; permanent-perfective catechesis should be covered by whatever ongoing faith formation the parish offers; *Commission* offers basic training in evangelization. These are the phases indicated by the *General Directory of Catechesis* (Sections 61-71) and *Joy of the Gospel* (Sections 163-164).

LEVEL 1 Discovery – Discovery offers a simple but personally challenging look at the Person of Jesus. Participants examine themes of love, mercy, forgiveness, salvation. Discovery helps people be open to a personal encounter and relationship with Jesus, and to explicitly place him at the center of their lives.

LEVEL 2 Source – Holy Spirit. This study looks at the Holy Spirit's vital role in our lives, as our advocate and helper. The Holy Spirit empowers and directs us to be holy, and helps us to overcome our sinfulness.

LEVEL 3 Growth – Daily Christian Growth. This study explores how to grow our relationship with God. It explains the essential components of the Christian life (prayer, Scripture, Sacraments, fellowship, service and witness).

LEVEL 4 Obedience – Lordship. The focus of this study is obedience, abandonment, and self-entrustment to the Lord in various aspects of life (concern for what others think of me, difficult circumstances, speech habits, sexuality, hardships, vocation, Church teachings, etc).

LEVEL 5 Commission – Missionary Identity. This study explores the Church’s deepest identity, which is her missionary character. Basic principles and practices of evangelization and discipleship are examined.

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